



TAEKWONDO OH DO KWAN

WA Invitational Championships 2019

SUNDAY 9th June 2019

Belmont Oasis Leisure Centre Cnr Abernethy & Alexander Rd Belmont

NAME _____
 ADDRESS _____
 TELEPHONE _____
 DATE OF BIRTH _____ AGE _____ MALE/FEMALE _____
 CLUB _____ LOCATION _____

Fee is \$40 all cheques must be made to Taekwondo Oh Do Kwan.

If entering 2 events i.e. sparring and Poomse then \$65 - PLEASE TICK AMOUNT PAYING in box

1 st EVENT- Poomsae	\$40	<input type="checkbox"/>
2 ND EVENT -Sparring	\$65	<input type="checkbox"/>

Please tick your belt and age category

YELLOW BELT	<input type="checkbox"/>	6-9 YEARS	<input type="checkbox"/>
BLUE/GREEN BELT	<input type="checkbox"/>	10-11 YEARS	<input type="checkbox"/>
RED BELT	<input type="checkbox"/>	12-14 YEARS	<input type="checkbox"/>
BLACK BELT	<input type="checkbox"/>	15-17 YEARS	<input type="checkbox"/>
PARA	<input type="checkbox"/>	18-30 YEARS	<input type="checkbox"/>
		31-40 YEARS	<input type="checkbox"/>
		41 YEARS & OVER	<input type="checkbox"/>

I,.....(the applicant, or if under 18 years old the parent/legal guardian) hereby acknowledge that a condition of entry to the above competition is that I will not hold the organizing committee, trustees, servants, agents, instructors or members responsible or liable for any injury, damage or loss that I/my child/my ward may incur or sustain as a result of the above competition.

I agree, that in consideration of the organizing committee allowing me/my child/my ward to compete in the above competition, I release and forever discharge and will indemnify and keep indemnified the organizing committee, trustees, servants, agents, instructors and members against all actions, suits, demands, costs and expenses of every description whatsoever including injury, loss or damage.

Date:...../...../.....

(Applicant's signature or Parent.Legal guardian's signature if the applicant is under 18)

Entry Forms need to be returned to your instructor by 22nd May 2019



AGE CATEGORIES FOR INDIVIDUAL

- ◆ Up to and including 9 years
- ◆ 10 to and including 11 years
- ◆ 12 to and including 13 years
- ◆ 14 years to and including 17 years
- ◆ 18 years to and including 30 years
- ◆ Veterans including & over 31 Years
- ◆ Veterans including & over 41 Years
- ◆ (Minimum of 2 contestants to make up a division for individual)
- ◆ In the event of the minimum not reached those contestants May be placed in the next division.

THE POOMSE CONTESTANTS HAVE FREE CHOICE IN WHAT POOMSE(S) THEY PERFORM

RULES FOR INDIVIDUAL POOMSE

- ◆ Yellow, Blue, Red & Black belt divisions will only perform one (1) poomse of own choice.

Judging

- ◆ Judging shall be by two judges, who shall display the score, which shall be added, with the total being the given score.

Competition procedure

- ◆ The contestants name shall be called
- ◆ The contestant shall walk to the square marked in the poomse court
- ◆ The competitor shall be given the command **CHARYOT KYONGRYE** at which time they shall bow to the central table.
- ◆ The contestant shall be asked by the ring coordinator to **PRESENT** at which time the contestant shall name the poomse they wish to perform.
- ◆ The ring coordinator shall then give the command **JUMBI** followed by **SIJAK** at which time the competitor shall commence their chosen poomse.
- ◆ At the completion of the poomse the contestant shall remain stationary in the last movement until given the command of **KUEMAN** at which time they will move back to the **JUMBI** position
- ◆ The contestant shall stay in **JUMBI** position until the ring coordinator gives the command **CHARYOT KYONGRYE** at which time the contestant shall bow to the central table and then return to the contestant waiting area.

Competition schedule

- ◆ 9:00 am – 10:00 am

Spectator Entry Fee

- ◆ ADULT \$10.00
- ◆ CHILD \$5.00
- ◆ Family \$25.00

